

Covid-19 Protocol for Exercise/Meditation sessions at the Lakeview Community Centre.

In order to use the Lakeview Community Centre all participants will be required to follow these Covid-19 guidelines listed below.

1. Follow all regular Covid-19 guidelines as laid out by the BC Health Ministry.
 - 1.1.Social distancing, (2 meters or 6ft apart), wear a face mask if this can't be done, Wash hands regularly, Do not come to the centre if you're feeling sick, do not bring others from out of town or out of the country into the centre.
2. Wash your hands before you get started.
3. The only person to have door code will be the organizer and they will control who is in the centre. Do not share the code with all your group as we are still trying to manage who is in the centre.
4. Please observe and follow all covid-19 signage in the centre. Bottom door is the entrance and the upper door by the kitchen is the exit.
5. The inside stairwell is for going up the stairs and outside stairwell is for going down. (this is only required if there are many people using the stairs)
6. Use only the handicapped bathroom up stairs, And only the West bathroom in the lower area.
 - 6.1.The bathroom must be sprayed with a bleach/water concentrate that is in the blue bottle on the counter. If the container is empty mix and new batch. The mixture is written on the bottle.
 - 6.2.The garbage can must be emptied and garbage removed from the centre after you are done for the day.
7. Disinfect all equipment after use with the bleach solution before it is put away.
8. Wipe down the floor in the area that was used with bleach and water using the mop and bucket.
9. Spay down all surfaces that have been touched using the bleach solution. ***It does not need to be wiped dry. Leave it to air dry.***

By Order of the Lakeview Community Centre Society